

Harihar Express/14524 - Exp - NR
LRJ/Laksar Junction to LKO/Lucknow Charbagh NR
8h 39m - 466 km - 3 halts - Departs Sun,Wed

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----------|------------|------------------------------------|--------------|-----|--------------|-----|------|-----|-----|------|-----|-----|------|
| 1 | UMB | Ambala Cantt. Junction | | | 22:20 | | | 1 | 1 | 0 | 85 | 273 | NR |
| 2 | YJUD | Yamunanagar-Jagadhri | 22:56 | | 23:01 | | 5m | 2 | 1 | 51 | 53 | 274 | NR |
| 3 | SRE | Saharanpur Junction | 23:35 | | 23:40 | | 5m | 4 | 1 | 81 | 51 | 275 | NR |
| 4 | RK | Roorkee | 00:21 | | 00:24 | | 3m | 1 | 2 | 116 | 54 | 269 | NR |
| 5 | LRJ | Laksar Junction | 00:44 | | 00:46 | | 2m | 1 | 2 | 134 | 62 | 257 | NR |
| 6 | NBD | Najibabad Junction | 01:26 | | 01:28 | | 2m | 2 | 2 | 175 | 48 | | NR |
| 7 | MB | Moradabad Junction | 03:32 | | 03:40 | | 8m | 1 | 2 | 274 | 68 | 193 | NR |
| 8 | BE | Bareilly Junction | 05:00 | | 05:05 | | 5m | 1 | 2 | 365 | 54 | 169 | NR |
| 9 | LKO | Lucknow Charbagh NR | 09:25 | | 09:35 | | 10m | 1 | 2 | 599 | 58 | 124 | NR |
| 10 | MBLP | Maharaja Bijli Pasi (Nihalgarh) | 11:07 | | 11:08 | | 1m | 2 | 2 | 688 | 63 | 108 | NR |
| 11 | MFKA | Musafir Khana | 11:26 | | 11:28 | | 2m | 1 | 2 | 707 | 40 | 105 | NR |
| 12 | SLN | Sultanpur Junction | 12:15 | | 12:20 | | 5m | 1 | 2 | 739 | 46 | 95 | NR |
| 13 | BSB | Varanasi Junction | 15:25 | | 15:40 | | 15m | 4,5 | 2 | 882 | 56 | 77 | NR |
| 14 | GCT | Ghazipur City | 17:00 | | 17:05 | | 5m | 1 | 2 | 957 | 71 | 74 | NER |
| 15 | BUI | Ballia | 18:00 | | 18:05 | | 5m | 2 | 2 | 1021 | 52 | 65 | NER |
| 16 | SIP | Suraimanpur | 18:48 | | 18:50 | | 2m | | 2 | 1058 | 39 | 61 | NER |
| 17 | CPR | Chhapra Junction | 19:35 | | 19:45 | | 10m | 3,4 | 2 | 1088 | 29 | 58 | NER |
| 18 | SEE | Sonpur Junction | 21:36 | | 21:38 | | 2m | 3 | 2 | 1142 | 27 | 56 | ECR |
| 19 | HJP | Hajipur Junction | 21:50 | | 21:55 | | 5m | 4 | 2 | 1147 | 65 | 55 | ECR |
| 20 | MFP | Muzaffarpur Junction | 22:45 | | 22:50 | | 5m | 1 | 2 | 1201 | 50 | 57 | ECR |
| 21 | SPJ | Samastipur Junction | 23:52 | | 23:57 | | 5m | 4,5 | 2 | 1253 | 23 | 47 | ECR |
| 22 | BJU | Barauni Junction | 02:10 | | | | | 5 | 3 | 1304 | - | 48 | ECR |